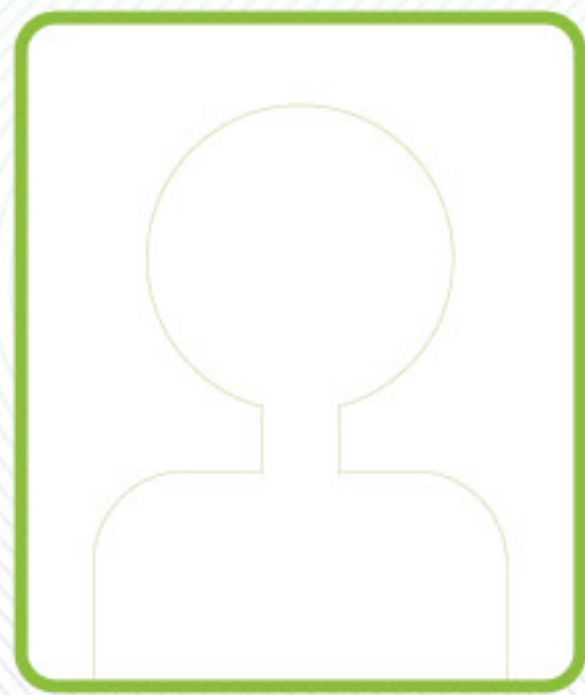
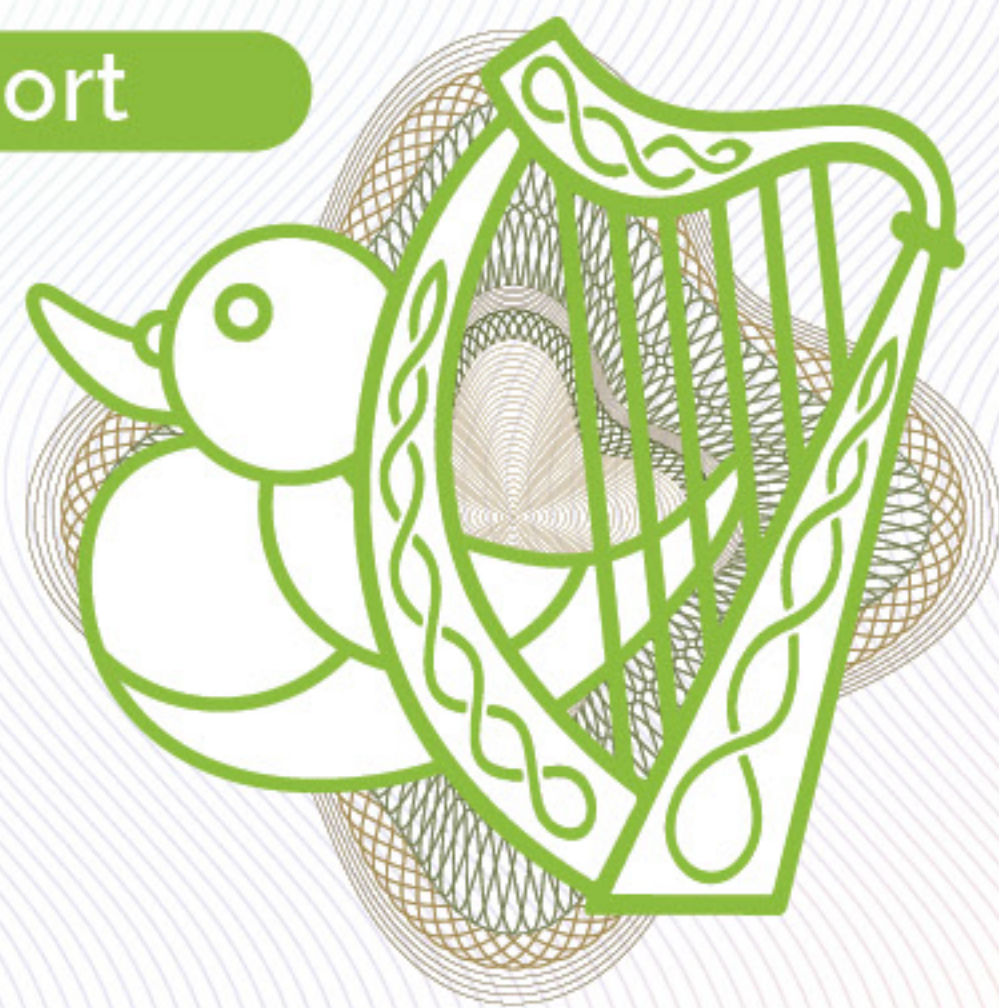


Pas/Passport



Draw your portrait



Muineachán/Monaghan

Name _____

Age _____

Favourite Colour _____

Hobbies _____

Tastiest food _____

Playground testing team _____



Best playground features. Draw/Modify

MONAGHAN SPORTS PARTNERSHIP

Monaghan Sports Partnership is an organisation which promotes participation in sport and physical activity across every population group in County Monaghan – **Children need to be physically active for at least 60 minutes per day** and with this in mind, we work with Schools, Pre-Schools, After-Schools, Community groups, Sports Clubs and local agencies by supporting various programmes to increase and encourage the activity levels of children and young people.

Some initiatives include: Playground markings, Fundamental Movement Skills, Learn to Cycle, Volleyball, Sports Hall Athletics along with adapted versions for children with additional needs. We have produced a booklet of fun games and activities for families to use at home.

Monaghan Sports Partnership,
c/o Mtek 2, Knockaconny, Armagh Rd,
Monaghan, Co. Monaghan.
Phone: **042 9755126**
Email: **info@monaghansports.ie**
Social Media:
www.facebook.com/monaghansports



available to **DOWNLOAD FOR FREE** from
www.monaghansports.ie

INSTRUCTIONS

#HealthyMonaghan

1. **Challenge yourself** and your family to visit as many of Monaghan's playgrounds over the coming months.
2. **Use the QR code** or GPS coordinates for directions to each playground.
3. **Give each playground a star rating.** Find a 5 star playground? Tell us how we are doing, share a photograph of the completed Playground Passport with **playgroundpassport@monaghancoco.ie**
4. **Plan a family day out** and enjoy some of the free or low cost activities listed in each municipal district.
5. **Most importantly, have Fun!**



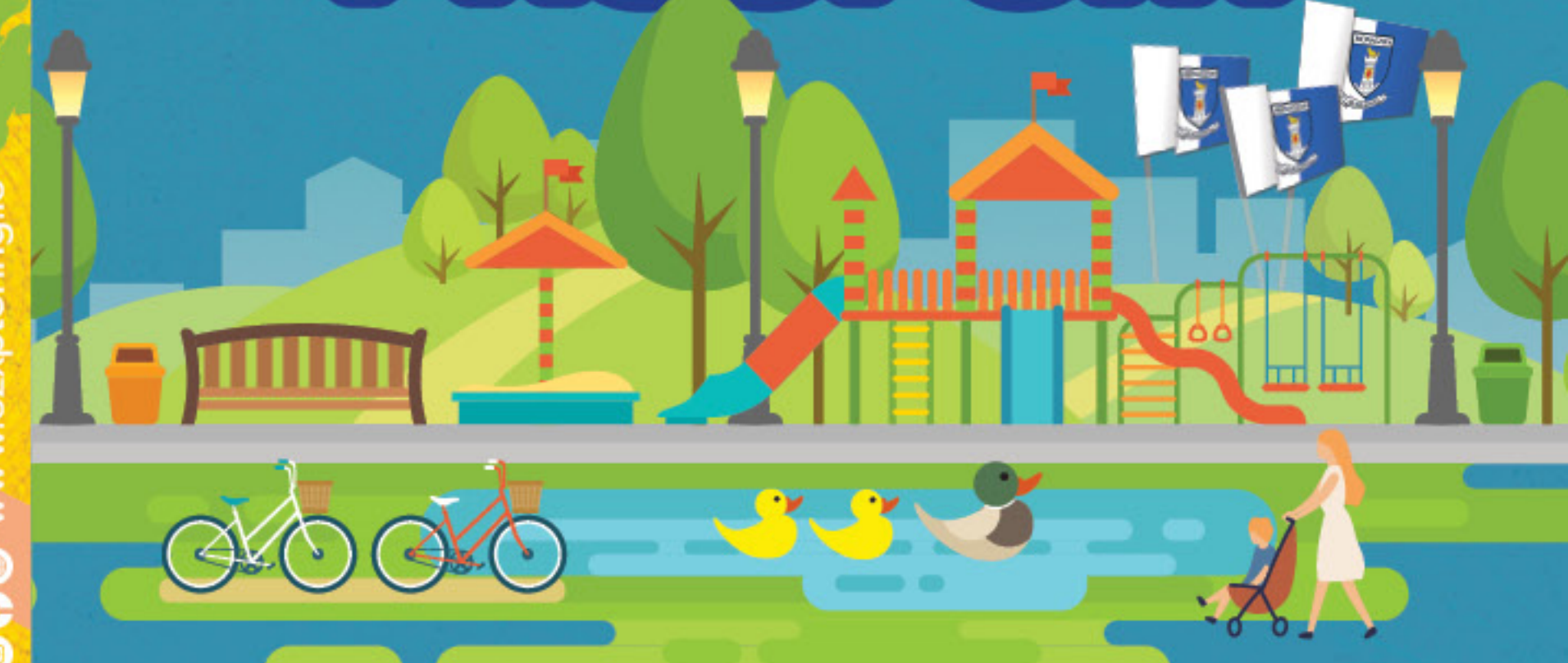
www.ezexploring.ie

FIVE WAYS TO WELLBEING

SIMPLE ACTIONS YOU CAN DO IN YOUR EVERYDAY LIFE TO FEEL GOOD & FUNCTION WELL



PLAYGROUND PASSPORT



Monaghan



MONAGHAN COUNTY LIBRARIES

Your local library is the perfect place to visit with children before or after a visit to the playground, or even as a rainy day alternative.

Our libraries in Ballybay, Clones, Castleblayney, Carrickmacross and Monaghan are bright, modern and welcoming spaces. We have dedicated Children's areas where you'll find not only a wonderful selection of books but lots of games, building blocks, colouring in and sensory play panels. (Our library in Ballybay is a little limited in space but there is still ample space to pop in and read together.)

Our libraries often host Storytimes & Baby book clubs. Throughout the year you'll also find Chess Clubs, Creative Writing classes, coding workshops, author & Illustrator visits, reading challenges, science workshops and much more.

Library membership is free for all the family and you are never too young or too old to join.

Parents will need proof of address and Photo ID to register for Library Cards.

You can find our fabulous facilities in the following places:

Monaghan Branch Library:

Monaghan Peace Campus,
Plantation Road, H18 RP20
047 81830

Carrickmacross Library:

Carrickmacross Civic Offices,
Riverside Road,
Carrickmacross, A81 HY83
042 9661148

Castleblayney Library:

Gatelodge 2, Market Square,
Castleblayney, A75 V383
042 9740281

Clones Library:

98 Avenue, Clones, H23 RW70
047 74712

Ballybay Library:

Birch Court, Main Street,
Ballybay, A75 TR79
042 9741256

WHERE WILL YOU GO TODAY??? CHECK OUT **WWW.MONAGHANTOURISM.COM** FOR MORE PLACES TO EXPLORE...

Monaghan

Nice Walks

- ☐ Emy Lough Looped Walk
- ☐ Rossmore Park Walks
- ☐ The Monaghan Way Trail
- ☐ EZxploring Trail Monaghan
- ☐ Glaslough Guided Walking Heritage Trails
- ☐ Glaslough Heritage Trail
- ☐ Monaghan Town Heritage Trail
- ☐ Ulster Canal Greenway
- ☐ Mullan Village Trail

Green Spaces

- ☐ Rossmore Forest Park
- ☐ Emy Lough
- ☐ Hollywood Lake
- ☐ Peter's Lake
- ☐ Ulster Canal Greenway
- ☐ Castleshane Forest
- ☐ Derrycorry/Favour Royal Forest

Wellbeing Spaces

- ☐ Teach na nDaoine Family Resource Centre
- ☐ Coral Leisure Monaghan

Cultural Spaces:

- ☐ Monaghan Library
- ☐ The Market House, Monaghan Town
- ☐ Monaghan County Museum
- ☐ Errigal Truagh Medieval Church & Graveyard

Carrickmacross - Castleblayney

Nice Walks

- ☐ Castleblayney Heritage Trail
- ☐ EZxploring Trail Castleblayney
- ☐ EZxploring Trail Carrickmacross
- ☐ Carrickmacross Kavanagh Heritage Trail
- ☐ Monaghan Way Trail
- ☐ Carrickmacross Walking Loops
- ☐ Carrickmacross Town & Country Ramble
- ☐ Carrickmacross Historic Town Trail
- ☐ The Lakes Walking Trail
- ☐ Pilgrim's Way Tin Church Trail
- ☐ The Patrick Kavanagh Trail, Inniskeen

Green Spaces

- ☐ Lough Muckno Leisure Park
- ☐ Cloughvalley Sensory Garden

Wellbeing Spaces

- ☐ Bath Avenue Outdoor Fitness Trail
- ☐ Castleblayney Outdoor Adventure Centre
- ☐ Phoenix Centre Carrickmacross

Cultural Spaces:

- ☐ Carrickmacross Library Branch
- ☐ Castleblayney Library Branch
- ☐ Castleblayney Musical Heritage Attractions
- ☐ Lisnadarragh Wedge Tomb
- ☐ St. Peter's Tin Church
- ☐ Inniskeen Round Tower
- ☐ Carrickmacross Lace Gallery
- ☐ Patrick Kavanagh Centre

Clones - Ballybay

Nice Walks

- ☐ Corbrack Lane Walk
- ☐ Lough Major Walk
- ☐ Ballybay Walking Trails
- ☐ Ballybay Wetland Walks
- ☐ EZxploring Trail Ballybay
- ☐ Clones Town Trail
- ☐ Historic Town of Clones Walking Tours
- ☐ The Monaghan Way Trail
- ☐ Clones Interactive Heritage Trail

Green Spaces

- ☐ Ballybay Town Park
- ☐ Dartry Forest
- ☐ Erica's Fairy Forest
- ☐ The Barry McGuigan Park
- ☐ Scotshouse Community Park & Recreational Area

Wellbeing Spaces

- ☐ The Peace Link Sports Facility
- ☐ Clones Family Resource Centre
- ☐ Tanagh Outdoor Education Centre

Cultural Spaces:

- ☐ Ballybay Library Branch
- ☐ Clones Library Branch
- ☐ Cassandra Hand Folk & Famine Centre
- ☐ Ulster Canal Stores Visitor Centre & Clones Lace Museum



Monaghan's Playgrounds

TICK THE BOXES ☒
AS YOU EXPLORE
Come back and visit
the rest another day!!!

1

KILLIGOAN
54.23930, -6.96784

2

ORIEL WAY
54.24319, -6.98411

3

ROSSMORE FOREST PARK
54.22793, -6.99670

4

BALLINODE
54.26800, -7.03480

5

HOLLYWOOD
54.26612, -7.08590

6

SLIAH BEACH
54.30590, -7.12948

7

CARRICKROE
54.35603, -7.02400

8

MULLAN
54.36353, -6.91885

9

GLASLOUGH
54.31650, -6.89664

10

ORAM
54.14879, -6.69219

11

MUCKNO PARK
54.12075, -6.73072

12

INNISKEEN
54.00364, -6.68303

13

DONAGHMOYNE
54.01086, -6.68780

14

CONVENT LANDS
53.97318, -6.71212

15

CARRICKMACROSS
54.13009, -6.82900

16

DOOHAMLET
54.17694, -7.23488

17

CORYBRENNAN
54.12033, -6.90273

18

BALLYBAY
54.12975, -6.89622

19

SCOTSHOUSE
54.12372, -7.25027

20

O'NEILL PARK
54.18336, -7.23661

21

SEAMUS MCCABE PARK
54.17694, -7.23488

22

SMITHBORO
54.22121, -7.10039

Need a lift? Check out Monaghan's
TFI Link Bus Services
www.transportforireland.ie

Pro-Tip: Bring an
old towel to dry off
playground equipment

EZexploring

Is there a 5 star playground?

14

CONVENT LANDS
53.97318, -6.71212

15

CLOUGH VALLEY
53.97830, -6.71266

16

DOOHAMLET
54.13009, -6.82900

18

BALLYBAY
54.12975, -6.89622

19

SCOTSHOUSE
54.12372, -7.25027

20

O'NEILL PARK
54.18336, -7.23661

21

SEAMUS MCCABE PARK
54.17694, -7.23488

22

SMITHBORO
54.22121, -7.10039

17

CORYBRENNAN
54.12033, -6.90273

22

SMITHBORO
54.22121, -7.10039

17

CORYBRENNAN
54.12033, -6.90273

22

SMITHBORO
54.22121, -7.10039

17

CORYBRENNAN
54.12033, -6.90273

22

SMITHBORO
54.22121, -7.10039

17

CORYBRENNAN
54.12033, -6.90273

22

SMITHBORO
54.22121, -7.10039

17

CORYBRENNAN
54.12033, -6.90273

22

SMITHBORO
54.22121, -7.10039

17

CORYBRENNAN
54.12033, -6.90273

22

SMITHBORO
54.22121, -7.10039

17

CORYBRENNAN
54.12033, -6.90273

22

SMITHBORO
54.22121, -7.10039

17

CORYBRENNAN
54.12033, -6.90273

22

SMITHBORO
54.22121, -7.10039

17

CORYBRENNAN
54.12033, -6.90273

22

SMITHBORO
54.22121, -7.10039

17

CORYBRENNAN
54.12033, -6.90273

22

SMITHBORO
54.22121, -7.10039

17

CORYBRENNAN
54.12033, -6.90273

22

SMITHBORO
54.22121, -7.10039

17

CORYBRENNAN
54.12033, -6.90273

22

SMITHBORO
54.22121, -7.10039

17

CORYBRENNAN
54.12033, -6.90273

22

SMITHBORO
54.22121, -7.10039

17

CORYBRENNAN
54.12033, -6.90273

22

SMITHBORO
54.22121, -7.10039

17

CORYBRENNAN
54.12033, -6.90273

22

SMITHBORO
54.22121, -7.10039

17

CORYBRENNAN
54.12033, -6.90273

22

SMITHBORO
54.22121, -7.10039

17

CORYBRENNAN
54.12033, -6.90273

22

SMITHBORO
54.22121, -7.10039

17

CORYBRENNAN
54.12033, -6.90273

22

SMITHBORO
54.22121, -7.10039

17

CORYBRENNAN
54.12033, -6.90273

22

SMITHBORO
54.22121, -7.10039

17

CORYBRENNAN
54.12033, -6.90273

22

SMITHBORO
54.22121, -7.10039

17

CORYBRENNAN
54.12033, -6.90273

22

SMITHBORO
54.22121, -7.10039

17

CORYBRENNAN
54.12033, -6.90273

22

SMITHBORO
54.22121, -7.10039

17

CORYBRENNAN
54.12033, -6.90273

22

SMITHBORO
54.22121, -7.10039

17

CORYBRENNAN
54.12033, -6.90273

22

SMITHBORO
54.22121, -7.10039

17

CORYBRENNAN
54.12033, -6.90273

22

SMITHBORO
54.22121, -7.10039

17

CORYBRENNAN
54.12033, -6.90273

22

SMITHBORO
54.22121, -7.10039

17

CORYBRENNAN
54.12033, -6.90273

22

SMITHBORO
54.22121, -7.10039

17

CORYBRENNAN
54.12033, -6.90273

22

SMITHBORO
54.22121, -7.10039

17

CORYBRENNAN
54.12033, -6.90273

22

SMITHBORO
54.22121, -7.10039

17

CORYBRENNAN
54.12033, -6.90273

22

SMITHBORO
54.22121, -7.10039

17

CORYBRENNAN
54.12033, -6.90273

22

SMITHBORO
54.22121, -7.10039

17

CORYBRENNAN
54.12033, -6.90273

22

SMITHBORO
54.22121, -7.10039

17

CORYBRENNAN
54.12033, -6.90273

22

SMITHBORO
54.22121, -7.10039

17

CORYBRENNAN
54.12033, -6.90273

22

SMITHBORO
54.22121, -7.10039

17

CORYBRENNAN
54.12033, -6.90273

22

SMITHBORO
54.22121, -7.10039

17

CORYBRENNAN
54.12033, -6.90273

22

SMITHBORO
54.22121, -7.10039

17

CORYBRENNAN
54.12033, -6.90273

22

SMITHBORO
54.22121, -7.10039

17

CORYBRENNAN
54.12033, -6.90273

22

SMITHBORO
54.22121, -7.10039

17

CORYBRENNAN
54.12033, -6.90273

22

SMITHBORO
54.22121, -7.10039

17

CORYBRENNAN
54.12033, -6.90273

22

SMITHBORO
54.22121, -7.10039

17

CORYBRENNAN
54.12033, -6.90273

22

SMITHBORO
54.22121, -7.10039

17

CORYBRENNAN
54.12033, -6.90273

22

SMITHBORO
54.22121, -7.10039

17

CORYBRENNAN
54.12033, -6.90273

22

SMITHBORO
54.22121, -7.10039

17

CORYBRENNAN
54.12033, -6.90273

22

SMITHBORO
54.22121, -7.10039

17

CORYBRENNAN
54.12033, -6.90273

22

SMITHBORO
54.22121, -7.10039

17

CORYBRENNAN
54.12033, -6.90273

22

SMITHBORO
54.22121, -7.10039

17

CORYBRENNAN
54.12033, -6.90273

22

SMITHBORO
54.22121, -7.10039

17

CORYBRENNAN
54.12033, -6.90273

22

SMITHBORO
54.22121, -7.10039

17

CORYBRENNAN
54.12033, -6.90273

22

SMITHBORO
54.22121, -7.10039

17

CORYBRENNAN
54.12033, -6.90273

22

SMITHBORO
54.22121, -7.10039

17

CORYBRENNAN
54.12033, -6.90273

22

SMITHBORO
54.22121, -7.10039

17

CORYBRENNAN
54.12033, -6.90273

22

SMITHBORO
54.22121, -7.10039

17

CORYBRENNAN
54.12033, -6.90273

22

SMITHBORO
54.22121, -7.10039

17

CORYBRENNAN
54.12033, -6.90273

22

SMITHBORO
54.22121, -7.10039

17

CORYBRENNAN
54.12033, -6.90273

22

SMITHBORO
54.22121, -7.10039

17

CORYBRENNAN
54.12033, -6.90273

22

SMITHBORO
54.22121, -7.10039

17

CORYBRENNAN
54.12033, -6.90273

22

SMITHBORO
54.22121, -7.10039

17

CORYBRENNAN
54.12033, -6.90273

22

SMITHBORO
54.22121, -7.10039

17

CORYBRENNAN
54.12033, -6.90273

22

SMITHBORO
54.22121, -7.10039

17

CORYBRENNAN
54.12033, -6.90273

22

SMITHBORO
54.22121, -7.10039

17

CORYBRENNAN
54.12033, -6.90273

22

SMITHBORO
54.22121, -7.10039

17

CORYBRENNAN
54.12033, -6.90273